

Pre-Travel Checklist:

Our Packing Checklists and Pre-Travel Tips:

The team here at Getaways For Girls has assembled our short and simple "bare essential" set of items for our Packing Checklist and Pre-Travel Tips so you can start planning your pre-travel arrangements at a more leisurely pace than headache and panic the night before you leave. Remember to travel light, chances are that if you don't use a particular item at home you probably won't use it touring either.

What to do before you leave home:

General Home Preparation:

- Water plants before leaving home or arrange for a neighbor to care for them while you're away.
- Unplug any appliances sensitive to power surges, such as computers, microwaves, and television sets.
- Dial your thermostat up or down to match the temperature of the season.
- Stop all home delivery services (mail, newspaper, milk, diapers, and so on) or arrange to have item picked up by a neighbor.
- Arrange for pet care at a kennel or in your home.
- Mow the lawn if necessary.

Security:

- Lock all windows and doors securely and remove any keys hidden outside the house.
- Tell neighbors that you'll be away and how they can reach you in an emergency.
- Turn on telephone answering machine. You may want to change the message on your answering machine to let your business contacts know you are out of town.
- Set lights and a radio on timers. Turn up the radio loud enough to be heard outside.
- Close blinds and curtains.

Kitchen:

- Make sure to turn off LPG cylinder.
- Store food in your freezer to prevent running to the grocery store as soon as you return home.
- Remove perishable items from your refrigerator.
- Empty all waste baskets.
- Run the garbage disposal to eliminate the possibility of unpleasant odors.
- Wash the dishes. (You'll be sorry when you come back if you forget this!)

Getting Your Car Ready:

- Check your spare tire and jack to ensure they are both in working order.

- Check oil level; tire pressure and coolant level.
- Fill windshield cleaner fluid bottle.
- Pack a first aid kit into the trunk.

Personal Preparation:

- Schedule a medical check-up before the trip. Ask your doctor about necessary vaccinations, and have any medical procedures done before you go.
- Update any personal identification so that it contains current information and photograph.
- Pick up cash, change, and traveler's checks at the bank.
- Order your foreign currency from Bon Vivant Travel.
- Get a telephone calling card and take it with you.
- Fill out and send in your tax return form if you will be out of town at the deadline.
- Fill out an absentee voter form if you will be out of town at election time.
- Tell your friends where they can write to you at your vacation or out-of-town address.
- Pay the rent and other bills. If you'll be gone for an extended period of time, arrange for a friend or relative to pay the bills.
- Wash clothes that you're not packing so that you'll have a clean set of clothes at home when you return from your trip.
- Break in new shoes to prevent blisters.

Sanity Savers:

- Make a "fun bag" for each child and include games, books, toys, a tape player with headphones, and snacks.
- Purchase postcard stamps and take with you.
- Print address labels of people to send postcards to. It's much lighter to carry a sheet of labels than your address book.

Checklist One, Pre-Travel Tips - Things To Do:

Check:

- Travel insurance and read the fine print.
- Procedure if a travel insurance issue occurs i.e. contact comp gets police report.
- Credit card dates are valid and ample funds.
- Card cash, credit and limit details of your credit cards for relevant countries.
- ATMs your card works with and what to do if you have carded or ATM trouble.
- Remember your PIN numbers.
- Mobile phone roaming enabled, available, and costs.
- Passport is valid for travel dates.
- Vaccinations up to date.
- Camera/camcorder functions, and memory has sufficient storage capacity.
- Power plug adapter.
- Baggage is sound and lockable.
- Medical prescription requirements and reserves.

Record:

- Travel insurance medical assistance instructions.
- Travel insurance details and policy number.
- Credit card numbers and lost card numbers.
- Passport details.
- Mobile Phone Company contact numbers.
- Camera, Computer, Camcorder serial numbers.
- Required travel documents.
- Friends home phone numbers.
- Itinerary and airline tickets.
- Photos and list of all things going into your baggage.

NOTE: Email yourself copies or photos of these documents so they can be retrieved later if required

Jobs To Do:

- Purchase travel insurance, ESSENTIAL.
- Go for a walk daily to get ready for your adventure.

- Enlist someone to take care of pets.
- Organise for mail to be collected or held at your post office.
- Leave a copy of documents with someone at home.
- Apply identification to your baggage inside and out.
- Attach baggage id tags.
- Obtain suitable baggage locks.
- Check your primary shoes are sound.
- Purchase foreign cash.
- Confirm your flights.
- Cancel any regular deliveries like newspapers.
- Empty perishables from your fridge.
- Turn off all electricals and computers before you leave.

Checklist Two, Packing - Essential Things To Take:

Personal:

- Glasses/Contacts
- Toothbrush
- Paste and floss
- Deodorant
- Nail clippers
- Sunglasses
- Hair brush
- Soap

Health:

- Prescriptions
- First aid kit
- Aspirin/Panadol
- Laxatives
- Insect repellent
- Vitamins
- Cold sore cream
- Cold/flu tablets
- Lip balm
- Sunscreen

Touring Bag:

- Small sturdy day pack or bag to carry Camera, Reading material, Phrase book, Water, Snacks, Sundry items
- Light raincoat
- Pen and notebook
- Travel wallet for receipts
- Addresses
- Maps

Just in case:

- Swiss Army type knife with- Tweezers, Corkscrew, Scissors, Bottle opener
NOTE: all utensils must be checked through in baggage.
- Sewing kit
- Super glue (why not)
- Twist tie cloths line
- Towelettes
- Zip lock plastic bags for wet/leaking items

Gadgets:

- Alarm clock
- LED torch
- Mobile phone and charger
- Camera and Camcorder, with media and charger

Shoes:

- Thongs
- Suitable reliable shoes for activities
- Relaxing

Cloths:

- Bag for laundry
- Socks
- Underwear/Thermals
- Shorts
- Pants
- Belt
- Shirts
- Hankies
- Gloves
- Scarf
- Hat
- Coat/Jacket
- Swim togs

Bon Voyage and don't be late for your pickup.

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